

Zeitplan / Time Table

Uhrzeit **Time**
Läufe/Track **Technik/Field**

15:00 *Hallenöffnung/Entrance*

15:30 Mädchen/Jungen - Schools Cup Finale 50m Sprint
Lauf/Heat 1-4: 15:30 15:35 15:40 15:45
15:55 Mixed - School Cup Finals 20x50m
16:05 Siegerehrung/ Ceremony Schools Cup

16:20 Frauen - 60m Hürden - Lauf 1 / Women - 60m Hurdles - Heat 1

16:30 Frauen - 60m Hürden - Lauf 2 / Women - 60m Hurdles - Heat 2

16:40 Männer - 60m Hürden - Lauf 1 / Men - 60m Hurdles - Heat 1

16:50 Männer - 60m Hürden - Lauf 2 / Men - 60m Hurdles - Heat 2

16:55 Präsentation Indoor 2022/ Opening ISTAF Indoor 2022

17:10 Männer - Stabhochsprung / Men - Pole Vault

17:20 Frauen - 60m - Lauf 1 / Women - 60m - Heat 1

17:30 Frauen - 60m - Lauf 2 / Women - 60m - Heat 2

17:55 Frauen - Weitsprung / Women - Long Jump

18:15 Männer - 60m - Lauf 1 / Men - 60m - Heat 1

18:30 Männer - 60m - Lauf 2 / Men - 60m - Heat 2

18:50 Frauen - 60m Hürden - Endlauf / Women - 60m Hurdles - Final

19:05 Männer - 60m Hürden - Endlauf / Women - 60m Men - Final

19:25 Frauen - 60m - Endlauf / Women - 60m - Final

19:35 Men - 60m - Endlauf / Men - 60m - Final

19:55 Siegerehrung / Ceremony

9. ISTAF Indoor

Entry list - 60m Women

Last Name	First Name	Country	Birth	PB	SB	Achievements
MIHAMBO	Malaika	GER	1994	7.44	7.22	1.OG'21 (LJ);2.EIC'21(LJ);1.NIC'18-21 (LJ); 1.WCH'19(LJ);1.ECH'18(LJ);3.ECH'16(LJ)
EVELYN	Tristan	BAR	1998	7.27	7.27	
ROSIUS	Rani	BEL	2000	7.40	7.27	2.ECH(U23)'21(100m);1.NIC'21
DOSSO	Zaynab	ITA	1999	7.29	7.29	1.NCH'20(100m)
HOROWSKA	Nikola	POL	2001	7.32	7.32	
BAZOLO	Lorène Dorcas	POR	1983	7.27	7.33	1.NIC'21;1.NCH'16-21
JUNK	Sophia	GER	1999	7.33	7.33	2.ECH(U23)'21(200m); 1.ECH(U23)'21(4x100m)
GLENNER-FRANSEN	Astrid	DEN	1993	7.32	7.33	1.NIC'21
MONTAG	Jennifer	GER	1998	7.19	7.36	7.EIC'21;1.ECH(U23)'19(4x100m); 1.NIC'20(4x200m)
LÜCKENKEMPER	Gina	GER	1996	7.11		2.ECH'18(100m);3ECH'18(4x100m); 4.WCH'17(4x100m);4.OG'16(4x100m)
NEITA	Daryll	GBR	1996	7.21		8.OG'21(100m);3.OG'21(4x100m); 2.WCH'19(4x100m);2.WCH'17(4x100m)
KADEN	Lilly	GER	2001	7.36		1.ECH(U23)'21;1.ECH(U23)'21(4x100m)

Records – Top lists – Results

World record indoor:	Irina Privalova	RUS	6.92 s	1993
European record indoor:	Irina Privalova	RUS	6.92 s	1993
German record indoor:	Marita Koch	GDR	7.04 s	1985
	Silke Möller	GDR	7.04 s	1988
Meeting record indoor:	Dafne Schippers	NED	7.00 s	2016
World lead indoor 2022:	Marybeth Sant-Price	USA	7.08 s	
German lead indoor 2022:	Sophia Junk		7.33 s	

European Indoor Championships 2021

1. Ajla del Ponte	SUI	7.03 s
2. Lotta Kemppinen	FIN	7.22 s
3. Jamile Samuel	NED	7.22 s

European Indoor Championships 2019

1. Ewa Swoboda	POL	7.09 s
2. Dafne Schippers	NED	7.14 s
3. Asha Philip	GBR	7.15 s

World Indoor Championships 2018

1. Murielle Ahouré	CIV	6.97 s
2. Marie-Josée Ta Lou	CIV	7.05 s
3. Mujinga Kambundji	SUI	7.05 s

ISTAF Top 5

1. Dafne Schippers	NED	2016	7.00 s
2. Marie-Josée Ta Lou	CIV	2016	7.06 s
3. Tatjana Pinto	GER	2018	7.08 s
4. Verena Sailer	GER	2014	7.12 s
5. Jamile Samuel	NED	2016	7.14 s

All-time Top 5

1. Irina Privalova	RUS	1993	6.92 s
2. Gail Devers	USA	1993	6.95 s
2. Marion Jones	USA	1998	6.95 s
4. Merlene Ottey	JAM	1992	6.96 s
4. Katerina Thanou	GRE	1999	6.96 s

World Lead Indoor 2022

1. Marybeth Sant-Price	USA	7.08 s
2. Aleia Hobbs	USA	7.10 s
2. Julien Alfred	LCA	7.10 s
4. Grace Stark	USA	7.12 s
5. Mikiah Brisco	USA	7.15 s

9. ISTAF Indoor

Entry list - 60m Hurdles Women

Last Name	First Name	Country	Birth	PB	SB	Achievements
HURSKE	Reetta	FIN	1995	7.96	7.96	4.EIC'19;1.NCH'19(100mH)
SEDNEY	Zoë	NED	2001	7.98	7.98	7.EIC'21
TAPPER	Megan	JAM	1994	8.06	8.06	3.OG'21(100mH);1.NCH'21(100mH)
WEIGOLD	Anne	GER	1998	8.08	8.08	
KOZÁK	Luca	HUN	1996	7.97	8.13	8.EIC'21;1.NCH'21(100m,100mH); 3.ECH(U23)'17(100mH)
WENNERSTEN	Julia	SWE	2001	8.14	8.14	1.NIC'21
NEZIRI	Nooralotta	FIN	1992	7.91	8.20	4.EIC'21;1.NCH'18,21(100mH);1.NIC'14-20
ROLEDER	Cindy	GER	1989	7.84	8.21	2.EIC'19;1.EIC'17;3.ECH'14,18(100mH); 1.ECH'16(100mH);5.OG'16(100mH)
JALLOH	Hawa	GER	2003	8.24	8.24	
NELVIS	Sharika	USA	1990	7.70		1.NIC'19;4.WIC'18
ZAGRÉ	Anne	BEL	1990	7.98		1.NIC'21;1.NCH'19-21(100mH)

Records – Top lists – Results

World record indoor:	Susanna Kallur	SWE	7.68 s	2008
European record indoor:	Susanna Kallur	SWE	7.68 s	2008
German record indoor:	Cornelia Oschkenat	GDR	7.73 s	1989
Meeting record indoor:	Sally Pearson	AUS	7.79 s	2014
World lead indoor 2022:	Kendra Harrison	USA	7.81 s	
German lead indoor 2022:	Anne Weigold		8.08 s	

European Indoor Championships 2021

1. Nadine Visser	NED	7.77 s
2. Cindy Sember	GBR	7.89 s
3. Tiffany Porter	GBR	7.92 s

European Indoor Championships 2019

1. Nadine Visser	NED	7.87 s
2. Cindy Roleder	GER	7.97 s
3. Elvira Herman	BLR	8.00 s

World Indoor Championships 2018

1. Kendra Harrison	USA	7.70 s
2. Christina Manning	USA	7.79 s
3. Nadine Visser	NED	7.84 s

ISTAF Top 5

1. Sally Pearson	AUS	2014	7.79 s
2. Christina Clemons	USA	2021	7.83 s
3. Cindy Roleder	GER	2017	7.85 s
4. Pamela Dutkiewicz	GER	2017	7.88 s
5. Alina Talay	BLR	2018	7.89 s

All-time Top 5

1. Susanna Kallur	SWE	2008	7.68 s
2. Lyudmila Narozhilenko	URS	1990	7.69 s
3. Sharika Nelvis	USA	2018	7.70 s
3. Kendra Harrison	USA	2018	7.70 s
5. Lolo Jones	USA	2010	7.72 s

World Lead Indoor 2022

1. Kendra Harrison	USA	7.81 s
2. Danielle Williams	JAM	7.84 s
2. Cyréna Samba-Mayela	FRA	7.84 s
4. Grace Stark	USA	7.86 s
4. Alia Armstrong	USA	7.86 s

9. ISTAF Indoor

Entry list - Long Jump Women

Last Name	First Name	Country	Birth	PB	SB	Achievements
HOMEIER	Merle	GER	1999	6.56	6.56	2.ECH(U23)'21;2.NCH'19;3.NCH'20-21;2.NIC'21
ANGULO	Yuliana	ECU	1994	6.52	6.35	1.NCH'13(100m)
LESTI	Diana	HUN	1998	6.48	6.35	1.NIC'21
KUDLA	Sarah-Michelle	GER	2002	6.14	6.14	
ROTARU-KOTTMANN	Alina	ROU	1993	6.74		6.WCH'19;1.NIC'19
FARKAS	Petra	HUN	1999	6.56		1.ECH(U23)'21;2.ECH(U23)'19;1.NCH'21
SAGNIA	Khaddi	SWE	1994	6.92		3.EIC'21;1.NIC'20-21;6.WIC'18
MIHAMBO	Malaika	GER	1994	7.07		1.OG'21;2.EIC'21;1.NIC'18-21;1.WCH'19;1.ECH'18;3.ECH'16

Records – Top lists – Results

World record indoor:	Heike Drechsler	GDR	7.37 m	1988
European record indoor:	Heike Drechsler	GDR	7.37 m	1988
German record indoor:	Heike Drechsler	GDR	7.37 m	1988
Meeting record indoor:	Malaika Mihambo	GER	7.07 m	2020
World lead indoor 2022:	María Vicente	ESP	6.70 m	
German lead indoor 2022:	Merle Homeier		6.56 m	

European Indoor Championships 2021

1. Maryna Bekh-Romanchuk	UKR	6.92 m
2. Malaika Mihambo	GER	6.88 m
3. Khaddi Sagnia	SWE	6.75 m

European Indoor Championships 2019

1. Ivana Španović	SRB	6.99 m
2. Nastassia Mironchyk-Ivanova	BLR	6.93 m
3. Maryna Bekh-Romanchuk	UKR	6.84 m

World Indoor Championships 2018

1. Ivana Španović	SRB	6.96 m
2. Brittney Reese	USA	6.89 m
3. Sostene Moguenara-Taroum	GER	6.85 m

ISTAF Top 5

1. Malaika Mihambo	GER	2020	7.07 m
2. Alexandra Wester	GER	2016	6.95 m
3. Shara Proctor	GBR	2016	6.91 m
4. Ivana Španović	SRB	2017	6.87 m
5. Ese Brume	NGR	2020	6.79 m

All-time Top 5

1. Heike Drechsler	GDR	1988	7.37 m
2. Galina Chistyakova	URS	1989	7.30 m
3. Ivana Španović	SRB	2017	7.24 m
4. Brittney Reese	USA	2012	7.23 m
5. Larisa Berezhnaya	URS	1989	7.20 m

World Lead Indoor 2022

1. María Vicente	ESP	6.70 m
1. Florentina Costina Iusco	SRB	6.70 m
3. Monae' Nichols	USA	6.66 m
3. Tiffany Flynn	USA	6.66 m
3. Alysah Hickey	USA	6.66 m
3. Akela Jones	BAR	6.66 m

9. ISTAF Indoor

Entry list - 60m Men

Last Name	First Name	Country	Birth	PB	SB	Achievements
KRANZ	Kevin	GER	1998	6.52	6.59	1.NIC'21;2.EIC'21;1.ECH(U23)'19(4x100m); 1.NCH'18(100m)
CISSÉ	Arthur	CIV	1996	6.53	6.62	
SŁOWIKOWSKI	Przemysław	POL	1993	6.63	6.63	1.NCH'21(4x100m);1.NIC'19(4x200m); 2.ECH(U23)'13(4x100m)
ASKOVIC	Aleksandar	GER	1997	6.63	6.63	
ALMAS	Deniz	GER	1997	6.60	6.70	6.OG'21(4x100m);1.NIC'20;1.NCH'20(100m); 1.ECH(U23)'19(4x100m);
ADEGOKE	Enoch	NGR	2000	6.73	6.73	1.NCH'21(100m);1.NCH'21(4x100m)
ANSAH-PEPRAH	Lucas	GER	2000	6.68	6.76	6.OG'21(4x100m);1.ECH(U20)'19(4x100m); 3.WCH(U20)'18(4x100m)
SCHULTE	Marvin	GER	1999	6.64	6.78	1.NCH'21(100m);1.ECH(U23)'19(4x100m); 3.WCH(U20)'18(4x100m);1.ECH(U18)'16(100m)
MEYHÖFER	Tobias	GER	2002	6.86	6.86	
KELETELA	Dorian	ART	1999	6.79	6.94	
JACOBS	Lamont Marcell	ITA	1994	6.47		1.OG'21(100m);1.OG'21(4x100m);1.EIC'21; 1.NIC'21;1.NCH'18-21(100m)
VICAUT	Jimmy	FRA	1992	6.48		1.NCH'15-16(100m);1.EIC'13;3.OG'12(4x100m); 2.WCH'11(4x100m);1.ECH'10(4x100m);

Records – Top lists – Results

World record indoor:	Christian Coleman	USA	6.34 s	2018
European record indoor:	Dwain Chambers	GBR	6.42 s	2009
German record indoor:	Julian Reus	GER	6.52 s	2016
Meeting record indoor:	Kim Collins	SKN	6.50 s	2015
World lead indoor 2022:	Terrence Jones	BAH	6.45 s	
German lead indoor 2022:	Kevin Kranz		6.59 s	

European Indoor Championships 2021	European Indoor Championships 2019	World Indoor Championships 2018
1. Lamont Marcel Jacobs ITA 6.47 s	1. Ján Volko SVK 6.60 s	1. Christian Coleman USA 6.37 s
2. Kevin Kranz GER 6.60 s	2. Emre Zafer Barnes TUR 6.61 s	2. Bingtian Su CHN 6.42 s
3. Ján Volko SVK 6.61 s	3. Joris van Gool NED 6.62 s	3. Ronnie Baker USA 6.44 s

ISTAF Top 5	All-time Top 5	World Lead Indoor 2022
1. Kim Collins SKN 2015 6.50 s	1. Christian Coleman USA 2018 6.34 s	1. Terrence Jones BAH 6.45 s
2. Reece Prescod GBR 2019 6.53 s	2. Maurice Greene USA 1998 6.39 s	2. Micah Williams USA 6.48 s
2. Arthur Cissé CIV 2019 6.53 s	3. Ronnie Baker USA 2018 6.40 s	3. Christian Coleman USA 6.49 s
4. Bingtian Su CHN 2018 6.55 s	4. Andre Cason USA 1992 6.41 s	4. Trayvon Bromell USA 6.50 s
4. Lamont Marcel Jacobs ITA 2021 6.55 s	5. Dwain Chambers GBR 2009 6.42 s	5. Dondra Swint USA 6.53 s

9. ISTAF Indoor

Entry list - 60m Hurdles Men

Last Name	First Name	Country	Birth	PB	SB	Achievements
TRABER	Gregor	GER	1992	7.56	7.62	1.NIC'19-20;1.NCH'18-19(110mH);5.WIC'14; 3.ECH(U23)'13(110mH)
KING	David	GBR	1994	7.63	7.66	1.NIC'19-20;1.NCH'19-20(110mH)
SMET	Koen	NED	1992	7.65	7.69	1.NIC'21;1.NCH'21(110mH); 2.ECH(U23)'13(110mH)
ZAZA	Wellington	LBR	1995	7.69	7.69	
MANGA	Aurel	FRA	1992	7.53	7.70	8.OG'21(110mH);1.NIC'20;3.EIC'19;3.WIC'18
OBASUYI	Michael	BEL	1999	7.67	7.74	2.ECH(U23)'21(110mH);1.NCH'19-21(110mH); 1.NIC'20
PEREIRA	Rafael	BRA	1997	7.76	7.76	1.NCH'21(110mH)
QUINZE	Shelton Mario	GER	2003	7.88	7.88	
VOGEL	Martin	GER	1992	7.67	7.88	2.NCH'21(110mH);1.NCH(U23)'12(110mH)
MINOUE	Gregory	GER	2002	7.87	7.92	
LAKKA	Elmo	FIN	1993	7.63		1.NIC'19-21;1.NCH'15-21(110mH);8.EIC'19

Records – Top lists – Results

World record indoor:	Grant Holloway	USA	7.29 s	2021
European record indoor:	Colin Jackson	GBR	7.30 s	1994
German record indoor:	Falk Balzer	GER	7.41 s	1999
Meeting record indoor:	Dimitri Bascou	FRA	7.41 s	2016
World lead indoor 2022:	Trey Cunningham	USA	7.46 s	
German lead indoor 2022:	Gregor Traber		7.62 s	

European Indoor Championships 2021

1. Wilhem Belocian	FRA	7.42 s
2. Andrew Pozzi	GBR	7.43 s
3. Paolo dal Molin	ITA	7.56 s

European Indoor Championships 2019

1. Milan Trajkovic	CYP	7.60 s
2. Pascal Martinot-Lagarde	FRA	7.61 s
3. Aurel Manga	FRA	7.63 s

World Indoor Championships 2018

1. Andrew Pozzi	GBR	7.46 s
2. Jarret Eaton	USA	7.47 s
3. Aurel Manga	FRA	7.54 s

ISTAF Top 5

1. Dimitri Bascou	FRA	2016	7.41 s
2. Orlando Ortega	CUB	2015	7.51 s
3. Dayron Robles	CUB	2014	7.53 s
4. Aries Merritt	USA	2015	7.58 s
4. Andrew Pozzi	GBR	2018	7.58 s

All-time Top 5

1. Grant Holloway	USA	2021	7.29 s
2. Colin Jackson	GBR	1994	7.30 s
3. Dayron Robles	CUB	2008	7.33 s
4. Greg Foster	USA	1987	7.36 s
4. Allen Johnson	USA	2004	7.36 s
4. Terrence Trammell	USA	2010	7.36 s

World Lead Indoor 2022

1. Trey Cunningham	USA	7.46 s
2. Devon Allen	USA	7.51 s
3. Daniel Roberts	USA	7.53 s
4. Pascal Martinot-Lagarde	FRA	7.54 s
5. Leonard Mustari	USA	7.58 s

9. ISTAF Indoor

Entry list - Pole Vault Men

Last Name	First Name	Country	Birth	PB	SB	Achievements
DUPLANTIS	Armand	SWE	1999	6.18	6.02	1.OG'21;1.EIC'21;1.NCH'20;2.WCH'19; 1.WCH(U20)'18;1.ECH'18
LIGHTFOOT	KC	USA	1999	6.00	5.91	4.OG'21
ZERNIKE	Oleg	GER	1995	5.72	5.71	1.NCH'21;4.EIC'21;3.WCH(U20)'14
LITA BAEHRE	Bo Kanda	GER	1999	5.72	5.71	1.NIC'19-20;1.NCH'20;1.ECH(U23)'19; 4.WCH'19;4.WCH(U20)'18
LISEK	Piotr	POL	1992	6.00	5.62	6.OG'21;3.EIC'21;1.NCH'21;1.NIC'21; 3.WCH'19;3.WIC'18;1.EIC'17;4.OG'16
KOPPELAAR	Rutger	NED	1993	5.75	5.58	1.NCH'21;1.NIC'20
BLECH	Torben	GER	1995	5.86	5.51	1.NIC'21
OBIENA	Ernest John	PHI	1995	####		

Records – Top lists – Results

World record indoor:	Armand Duplantis	SWE	6.18 m	2020
European record indoor:	Armand Duplantis	SWE	6.18 m	2020
German record indoor:	Danny Ecker	GER	6.00 m	2001
Meeting record indoor:	Renaud Lavillenie	FRA	6.02 m	2015
World lead indoor 2022:	Armand Duplantis	SWE	6.02 m	
German lead indoor 2022:	Oleg Zernickel		5.71 m	

European Indoor Championships 2021

1. Armand Duplantis	SWE	6.05 m
2. Valentin Lavillenie	FRA	5.80 m
3. Piotr Lisek	POL	5.80 m

European Indoor Championships 2019

1. Paweł Wojciechowski	POL	5.90 m
2. Piotr Lisek	POL	5.85 m
3. Melker Svärd Jacobsson	SWE	5.75 m

World Indoor Championships 2018

1. Renaud Lavillenie	FRA	5.90 m
2. Sam Kendricks	USA	5.85 m
3. Piotr Lisek	POL	5.85 m

ISTAF Top 5

1. Renaud Lavillenie	FRA	2015	6.02 m
2. Thiago Braz da Silva	BRA	2016	5.93 m
3. Malte Mohr	GER	2014	5.90 m
4. Piotr Lisek	POL	2017	5.86 m
4. Sam Kendricks	USA	2019	5.86 m

All-time Top 5

1. Armand Duplantis	SWE	2020	6.18 m
2. Renaud Lavillenie	FRA	2014	6.16 m
3. Sergey Bubka	UKR	1993	6.15 m
4. Steven Hooker	AUS	2009	6.06 m
5. Rodion Gataullin	URS	1989	6.02 m
5. Jeff Hartwig	USA	2002	6.02 m

World Lead Indoor 2022

1. Armand Duplantis	SWE	6.02 m
2. KC Lightfoot	USA	5.91 m
3. Menno Vloon	NED	5.86 m
4. Zach McWhorter	USA	5.82 m
5. Christopher Nilsen	USA	5.81 m
5. Jacob Wooten	USA	5.81 m

9. ISTAF INDOOR 2022



Start list - Schools Cup Finals 50m Sprint Girls Heat 1 (15:30)

Lane	Last Name	First Name	Birth	School
1	SCHMITZ	Emilia	2011	Mary-Poppins-Grundschule
2	FRIEDRICH	Paula	2011	Schliemann-Grundschule
3	WILKE	Elisabeth	2011	Mary-Poppins-Grundschule
4	REIS-PEDE	Marie Sophie	2011	Schliemann-Grundschule
5	BEKERMANN	Leonie	2011	Grundschule am Ritterfeld
6	KRETZSCHMAR	Marie	2011	Friedrich-Schiller-Grundschule

Start list - Schools Cup Finals 50m Sprint Boys Heat 2 (15:35)

Lane	Last Name	First Name	Birth	School
1	KÖNING	Emil	2011	Alt-Lankwitzer Grundschule
2	GÖTTE	Clemens	2011	Schliemann-Grundschule
3	HOPPE	Moritz	2011	Gustav-Dreyer-Schule
4	KUNKEL	Philippe	2011	Schule am Sandsteinweg
5	WOLTER	Ludwig	2011	Homer-Grundschule
6	NICKLISCH	Felix	2011	Grundschule am Ritterfeld

Start list - Schools Cup Finals 50m Sprint Girls Heat 3 (15:40)

Lane	Last Name	First Name	Birth	School
1	VAN DELEN	Lia	2010	Grundschule am Ritterfeld
2	SCHALOW	Victoria	2010	Friedrich-Schiller-Grundschule
3	ZIMMER	Pauline	2010	Freie Schule Anne-Sophie
4	LANGHANS	Laura	2010	Grüner Campus Malchow
5	TIROCK	Lena	2010	Grundschule am Ritterfeld
6	KLOSTERMANN	Jella	2010	Evangelische Schule Pankow

Start list - Schools Cup Finals 50m Sprint Boys Heat 4 (15:45)

Lane	Last Name	First Name	Birth	School
1	MENDE	Fynn	2010	Grundschule am Ritterfeld
2	ILLES	Aron	2010	Friedrich-Schiller-Grundschule
3	KARSTEN	Daniel	2010	Mary-Poppins-Grundschule
4	HÜBNER	Danilo	2010	Kiekemal-Grundschule
5	HINZ	Hugo	2010	Gustav-Dreyer-Schule
6	ALLONGE	Max	2010	Grüner Campus Malchow



9. ISTAF INDOOR 2022



Start list - Schools Cup Finals 20 x 50m Relay (15:55)

Lane	School
1	Grundschule am Brandwerder (Spandau)
2	Grüner Campus Malchow (Lichtenberg)
3	Mary-Poppins-Grundschule (Spandau)
4	Kolibri-Grundschule (Marzahn-Hellersdorf)
5	Grundschule am Ritterfeld (Spandau)

